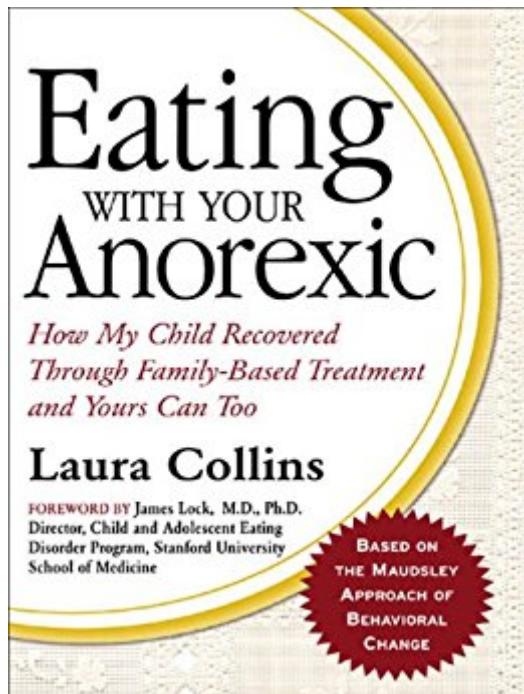


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# Eating With Your Anorexic



## **Synopsis**

A source of hope and valuable information for parents of children with eating disorders This poignant and informative narrative relates how one mother rescued her daughter from the "experts" and treated the girl's life-threatening anorexia using a controversial approach. Known as the Maudsley Approach, this home-based, family-centered therapy, developed in Great Britain in the 1980s, has been receiving a lot of press here over the past few years. While it has been widely used in Europe for many years and is rapidly gaining acceptance among parents and within the pediatric and child psychiatric communities in the United States, until now, there were no popular books on the subject. Must-reading for parents of children with eating disorders, *Eating with Your Anorexic* is: The first popular book on an increasingly popular approach to curing eating disorders A source of practical information and guidance for parents of children with eating disorders An eloquent narrative filled with pathos that inspires, empowers, and informs

## **Book Information**

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## **Customer Reviews**

My daughter recently fell into the dark pit of an ED. The maudsley approach (luckily) was one of the first sites I hit when searching the subject. This book read like my own personal story and it felt good

to know I was not the only one dealing with the same types of things other families go thru during this time. If you are looking for direction, comfort, hope... read this book and read it as soon as you know you are dealing with an eating disorder situation.

I found myself nodding in recognition on almost every page of this book. The advice, the real life examples, and the message of hope - that we parents are our children's best chance at success - are indispensable. We are still in the thick of our battle with ED. But the "Stockdale Paradox" is in full effect: I have faith that we will prevail, regardless of the difficulties. AND at the same time we must confront the most brutal facts of our current reality, whatever they might be. Thank you for this gift, Laura!

The journey from despair to healing from a parents viewpoint. Empowering , educational, honest, helpful, and essential for every parent who has a child with an eating disorder . If you can only buy one book on Anorexia, make this the one. !

A must! Don't waste time with anything else.

provided plenty of insight into a dramatic problem for any family

Excellent resource - would strongly recommend for those going through this with a loved one.

Incredible and eye opening.

Helped

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for Clean Eating Diet (Clean Eating, Weight Loss, Healthy Diet, Healthy ... Paleo Diet, Lose Weight Fast, Flat Belly) Diary of an Anorexic Girl Hungry for Life: A Memoir Unlocking the Truth Inside an Anorexic Mind Eating Disorders Information for Teens: Health Tips About Anorexia, Bulimia, Binge Eating, and Other Eating Disorders (Teen Health Series) How to Have Your Cake and Your Skinny Jeans Too: Stop Binge Eating, Overeating and Dieting For Good Get the Naturally Thin Body You Crave From the Inside Out (Binge Eating Solution Book 1) Binge Eating Cure: Overcome Food Addictions & Rid Your Life of Eating Disorders, Volume 1 The Vegan Power: Why Going Vegan Will Save Your Life (Vegan diet, Veganism, Healthy Eating, Vegan Diet For beginners, Clean Eating, Weight Loss, Vegan Cookbook) Stop Eating Your Heart Out: Digital Workbook: The 21-Day Program to Free Yourself from Emotional Eating The Joy of Eating Well: A Practical Guide to-Transform Your Relationship with Food- Overcome Emotional Eating- Achieve Lasting Results Helping Your Child with Extreme Picky Eating: A Step-by-Step Guide for Overcoming Selective Eating, Food Aversion, and Feeding Disorders The Ultimate Eating Thai Food Guide (2017 Edition): Your guide to discovering, ordering, and eating authentic Thai food that you'll never forget! Emotional Eating Books: 10 steps to control emotional eating & lose weight (NLP) Investigating Eating Disorders (Anorexia, Bulimia, and Binge Eating): Real Facts for Real Lives (Investigating Diseases) Eating Disorder Survivors Tell Their Stories (The Teen Health Library of Eating Disorder Prevention) The Eating Disorders Update: Understanding Anorexia, Bulimia, and Binge Eating (Disease Update)

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